

PRESIDENT'S DAY SENIOR SWIMMING CLASSIC

PRESENTED BY:
SAN DIEGO-IMPERIAL SWIMMING

MEET FORMAT AND ENTRY TIME STANDARDS

WOMEN'S		MEN'S						
SC MIN	LC MIN	LC MIN	SC MIN					
Warm Up 4:00PM Friday February 12, 2010 Meet Starts 5:00PM								
1	12:00.49	10:49.49	SENIOR	1000	FREE	9:52.79	10:55.89	2
Warm Up 7:30AM Saturday February 13, 2010 Meet Starts 9:00AM								
3	2:24.09	2:42.99	SENIOR	200	IM	2:29.19	2:11.99	4
5	5:37.19	5:04.19	SENIOR	500	FREE	4:41.89	5:11.59	6
7	1:19.29	1:29.29	SENIOR	100	BREAST	1:22.29	1:12.99	8
9	2:35.09	2:54.69	SENIOR	200	BACK	2:41.29	2:22.99	10
11	27.49	31.29	SENIOR	50	FREE	27.89	24.39	12
13			SENIOR	800	FREE RELAY (4X200)			14
Warm Up 7:30AM Sunday February 14, 2010 Meet Starts 9:00AM								
15			SENIOR	200	FREE RELAY (4X50)			16
17	1:09.79	1:18.89	SENIOR	100	BACK	1:13.89	1:05.29	18
19	2:06.49	2:23.29	SENIOR	200	FREE	2:11.29	1:55.69	20
21	1:07.69	1:16.49	SENIOR	100	FLY	1:09.99	1:01.79	22
23	5:15.29	5:54.89	SENIOR	400	IM	5:30.69	4:50.59	24
25			SENIOR	400	MEDLEY RELAY (4X100)			26
Warm Up 7:30AM Monday February 15, 2010 Meet Starts 9:00AM								
27			SENIOR	200	MEDLEY RELAY (4X50)			28
29	59.09	1:07.09	SENIOR	100	FREE	1:00.09	52.79	30
31	2:55.99	3:17.89	SENIOR	200	BREAST	2:57.39	2:37.59	32
33	2:35.99	2:55.59	SENIOR	200	FLY	2:38.79	2:20.69	34
35	20:12.09	20:42.09	SENIOR	1650	FREE	19:30.19	19:00.19	36
37			SENIOR	400	FREE RELAY (4x100)			38

This meet is mainly for 15/O or the Senior program. You must meet the time standard for the events that you wish to swim. Any age grouper who wants to swim in this meet (to get more Far Western times in the double distances) needs to get permission from their coach as this meet is 1 week before JO's. You can also e mail Sue.

Entries are due Monday the 25th to the pool mailboxes or mailed to 3972 San Martine Way, San Diego, Ca. 92130.

The cost is \$15.00 surcharge (includes the NCA surcharge) and \$6.00 per event. Relays are deck entered and decided by the Senior staff.

Any questions...please e mail Sue.

RULES: Current USA Swimming and SI rules will govern all competition. Meet held under sanction of SI Swimming. Out of LSC swimmers must display USA Swimming Membership at initial check-in or submit copy with entry. Check in to swim for the first four events will close 30 minutes prior to the start of each preliminary or timed finals session. Remaining events check-in to swim will close at the discretion of the meet referee (It is anticipated that all remaining events will close at the start of the session.) SPECIAL - 1000 and 1650 Free Events will be swum fastest to slowest, alternating women's and men's heats. The fastest heat of the women's 1650 will be the first individual event of Monday's Finals. The fastest heat of the men's 1650 will be the last individual event before relays during Monday's finals. The BREAK is planned to be a minimum of two hours, starting after the conclusion of the last prelim heat. The 1650 events may be considered part of the break at the discretion of the meet referee. The 1000 Free, 1650 Free and all Relays are timed final events.

FINALS: Championship final, and consolation A & B to be held for each event. Team and individual points awarded only for championship final and A Consolation heats.

FEES: Please make checks payable to San Diego - Imperial Swimming.
\$6.00 per individual event, \$7.00 per swimmer surcharge. Relays \$16.00 & deck entered.

AWARDS: Custom President's Day Senior Classic recognizing. Individual Event Medals (First - Eight), Relay Medals (First - Third), Team High Point (First - Third) and Individual High Point custom awards to be presented.

VISITING OFFICIALS: Certified officials are welcome to attend and work The President's Day Senior Swimming Classic – NQM status has been requested. Tax forms will be available.